

# Qualification Purpose Statement

## Qualification title

NCFE CACHE Level 2 Certificate in Awareness of Mental Health Problems (601/3438/0)

## Overview

This qualification contains the following mandatory units:

- Understanding mental health (Y/506/2880)
- Understanding stress (H/506/2882)
- Understanding anxiety (M/506/2884)
- Understanding phobias (A/506/2886)
- Understanding depression (L/506/3105)
- Understanding post-natal depression (L/506/2889)
- Understanding bipolar disorder (F/506/2890)
- Understanding schizophrenia (L/506/2892)
- Understanding dementia (Y/506/2894)
- Understanding eating disorders (D/506/2928)
- Understanding attention deficit hyperactivity disorder (ADHD) (F/506/2937)
- Understanding obsessive compulsive disorder (OCD) (D/506/2900)
- Understanding post-traumatic stress disorder (PTSD) (T/506/2904)

In each of the above areas learners will gain an understanding of the specific mental health topic.

They will develop an understanding of the topic in relation to the symptoms and experience for the individual, support needs, how the disorder can be managed and treated and the roles and needs of family and friends of the individual.

## Who is this qualification designed for?

This qualification is suitable for learners aged 16 and above.

There are no specific prior qualifications needed to access this qualification, although learners may find it useful to have previously achieved a Level 1 qualification in a health, social care or mental health related area. This qualification is designed for any learner that wants to raise their awareness of mental health and the problems that can cause mental health problems. These may be learners who wish to access this training with a view to progress to further qualifications or employment within health and social care, to complement other qualifications within apprenticeship frameworks within health or health and social care, or to develop within their current job role within health and social care.

## What could this qualification lead to?

As noted in the apprenticeship frameworks, career progression within the health and social care sectors will not always be vertical, it may also be horizontal. New ways of working and new roles are constantly evolving to meet the health and social care needs of the population. These new roles provide staff with opportunities to develop new knowledge and skills often described as 'expanded' roles.

The qualification can support progression to employment and progression within employment for the following job roles and workers:

- care assistant or worker
- personal care assistant
- adult social care relief team worker
- night care assistant
- support worker (supported living)
- key workers in residential/domiciliary/day care settings
- home care support worker
- re-enablement worker
- healthcare support service worker
- clinical healthcare support worker
- healthcare assistant
- mental health support/outreach worker
- substance misuse worker
- counsellor
- health education/promotion worker.

The public sector Equality Duty applies to public bodies and others carrying out public functions. The duty has implications on public bodies to deliver policies and services which are efficient and effective; accessible; and which meet different people's needs.

Workers within a wide range of public service roles will interact with those with mental health issues and support needs in their day to day work. This could be those working in areas such as customer service, housing, voluntary sector, sport and recreation, hospitality, travel and tourism etc. This qualification would specifically support those workers to understand mental health issues.

## Progression opportunities

The qualification supports progression to further learning in the following areas:

- Level 2 Award in Substance Misuse
- Level 2 Award in Awareness of Dementia
- Level 2 or 3 Diploma in Health and Social Care (Adults) for England
- Level 2 or 3 Diploma in Clinical Healthcare Support
- Level 2 or 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 or 3 Certificate for Working in the Health Sector
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Level 3 Diploma In Allied Health Profession Support
- Intermediate or Advanced Level Apprenticeship in Health & Social Care
- Intermediate or Advanced Level Apprenticeship in Health (Clinical Healthcare Support)

## Who supports the qualification?

The qualification is supported by providers listed on the Register of Training Organisations and who have current contracts for delivery of provision in Health and Social Care. For further information please contact CACHE on 0345 347 2123 or email us at [info@cache.org.uk](mailto:info@cache.org.uk).